infra deals

PHONE
(218) 844-4211

LOCATION
823 Washington Ave,
Detroit Lakes, MN

STORE HOURS
M-F: 9am-6pm
SAT: 10am-5pm
SUN: 12pm-4pm

Lily's
Chocolate Bar
(selected varieties)

2/$6

2.8-3 oz

Nordic Naturals
Ultimate Omega

$20.99

60 ct

Simple Mills
Almond Flour Crackers

$3.79

4.25 oz

Siete
Mexican Cookies

$3.29

4.5 oz

Traditional Medicinals
Organic Tea
(selected varieties)

$3.99

16 ct

Annie's
Organic Mac & Cheese
(selected varieties)

$2.79

6 oz

Earth Balance
Organic Vegan Whipped
Buttery Spread

$5.49

13 oz

R.W. Knudsen
Organic Tomato Juice

$3.79

32 oz

Tasty Bite
Indian Entrée

$2.79

10 oz

Chickapea
Organic Chickpea Pasta
(selected varieties)

$3.29

8 oz

Dr. McDougall's
Soup Cup
(selected varieties)

$1.79

1.3-3.4 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month o

All Garden of Eatin'® products are made with the best quality real ingredients inspired from the garden because we believe in NON-GMO and organic food. We believe sourcing NON-GMO and organic ingredients is better for the environment, better for animals and ultimately, better for you – our valuable customers.

Garden of Eatin' Tortilla Chips
(selected varieties)

2/$5

5.5 oz

Vegan Rob's Puffs

$2.99

3.5 oz

Canyon Bakehouse Gluten-Free Bread

$5.29

18 oz

Bionaturae Organic Tomato Paste

$1.89

7 oz

Pacific Foods Organic Soup
(selected varieties)

$4.29

32 oz

Tofurky Plant-Based Deli Slices
(selected varieties)

$3.29

5.5 oz

Dr. Bronner's Organic Chocolate Bar
(selected varieties)

2/$7

2.93-3 oz

KIND Nut Bar
(selected varieties)

2/$3

1.4 oz

Justin's Organic Peanut Butter Cups

2/$3

1.32-1.4 oz

JASON Toothpaste
(selected varieties)

$3.79

6 oz

Schmidt's Deodorant Stick

$7.99

2.65 oz

ACURE Brightening Facial Scrub

$6.79

4 oz

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At Amy's, each of our meals is made with love, care and craft in every step. That means always sourcing the best organic ingredients, making our meals from scratch and taking time to perfect our recipes to make sure each bite tastes just right for you.

Amy's Macaroni & Cheese

$3.79

9 oz

Amy's Burrito
(selected varieties)

$3.29

6 oz

Amy's Organic Soup
(selected varieties)

$3.79

13.8-14.7 oz

Steaz Organic Iced Green Tea
(selected varieties)

2/$3

16 oz

Essentia Alkaline Water

$1.79

1 lt

Potato Leek Soup

4 tablespoons unsalted butter
1 pound leeks, sliced
3 large garlic cloves, minced
3 pounds russet potatoes, peeled and cubed
6 cups chicken or vegetable broth
¾ cup heavy cream
2 teaspoons sea salt
¼ teaspoon black pepper

1 In a 6-quart stock pot melt the butter over medium heat. Add the leeks and garlic and cook, stirring regularly, until soft and wilted, about 5-7 minutes.

2 Add potatoes, broth, salt, and pepper to the pot and bring to a gentle simmer, cover and continue to cook until potatoes are tender, about 30-35 minutes.

3 Carefully puree half of the soup in a blender and return to the pot. Stir in cream and heat through. Taste and adjust seasoning.

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We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

ALABAMA
Manna Grocery & Deli

ARKANSAS
The Eureka Market
Good Measure Market
Natural Food Store
Nature's Wonders
Olde Fashioned Foods
The Truck Patch
Village Nutrition

ILLINOIS
Apple Valley Natural Foods
Choices Natural Market
Common Ground
Cornucopia Natural Market & Deli
Food Fantasies Naturally
Green Earth Grocery
Heritage Natural Foods
Highland Nutrition Center
Kankakee Natural Foods
Local Foods
Nature's Cornucopia
Pass Health Foods
Polson's Natural Foods
Southtown Health Foods
Sunrise Health Foods

INDIANA
Apple Valley Natural Foods
Down to Earth Natural Foods
Georgetown Market
The Good Earth Natural Food Co
Harmony & Health
The Health Food Shoppe of Fort Wayne Natural
Choices for Healthful Living Nature's Cupboard
Rainbow Blossom
Sunrise Health Foods
The Sunspot Natural Market

IOWA
Campbell's Nutrition
Everybody's Whole Foods
Heritage Natural Foods

KANSAS
Kountry Kupboard

KENTUCKY
Happy Meadow Natural Foods
Rainbow Blossom

MICHIGAN
Apple Valley Natural Foods
Better Health Market
Dale's Natural Foods
Edson Farms Natural Foods
Health Hutt
Natural Health Center
Nature's Gift Organic Market
Nature's Market
Sawall Health Foods
Western Market

MINNESOTA
A Clean Plate Local & Organic Grocery Cloquet
Natural Foods
Dutchmen Organics
Good Grocer
MANNA Food Co-op
Meadow Farm Foods
Tailor Made Nutrition

MISSOURI
Clover's Natural Market
Jean's Healthway
MaMa Jean's Natural Market
Natural Health Organic Foods
Nature's Own Health Market
Nature's Wonders
Nutrition Stop
Suzanne's Natural Foods
The Truck Patch

NEBRASKA
Red Clover Market

NORTH DAKOTA
Fresh Palate
Terry's Health Products

OHIO
Berry's Natural Food Market
Health Foods by Claudia
Kindred Market
Raisin Rack Natural Food Market

PENNSYLVANIA
Nature's Way Market

SOUTH DAKOTA
Pomegranate Market

TENNESSEE
Grubb's Grocery
Natural Foods Market
Nutrition World
The Turnip Truck Natural Market

TEXAS
The 116 Market
Cox Farms Market
Fresh Plus Markets
Harvest Natural Market
Natural Foods Market
Next Generation
Sunflower Shoppe

WEST VIRGINIA
Mother Earth Foods
The Public Market

WISCONSIN
Appleton Nutrition
B-Alive
Downtown Grocery
The Free Market
Good Harvest Market
The Grainery
Greens N Grains
Healthy Way Market
Nature's Best Market
NDC Natural Market
Nutrition Discount Center
Organic Valley Retail Stores
Plan-It Earth Health Center
Village Market
Wild Berry Market